

# Ross Rosen, JD, MS.T.O.M., L.Ac., Dipl.O.M. (NCCAOM), Board Certified Herbalist

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- EXPERIENCE**
- Chinese Medicine, Acupuncturist/Herbalist; President and Founder, Clinic Director** 1/01 to present  
*Center for Acupuncture and Herbal Medicine, P.A., Westfield, NJ*
- ☉ Founder and Clinic Director for one of the largest and most respected Chinese medicine clinics in the country.
  - ☉ Evaluation and treatment of patients with a wide variety of disorders, including, pain of all varieties and origins (back, neck, shoulder, knee and limb pain, herniations, sciatica, arthritis, fibromyalgia, trauma), hormonal/endocrine imbalances, PMS, fibroids/cysts, amenorrhea, infertility, prenatal and postnatal, cardiovascular diseases, asthma, allergies, eczema, psoriasis, headaches/migraines, nausea, ulcers, diarrhea, constipation, depression, anxiety, phobias, stress, stop smoking/detox, weight loss/gain, diabetes, insomnia, hepatitis, common colds, flu, chest pain, stroke, paralysis, hypertension, cancer (including chemotherapy and radiation support), hyper/hypothyroid, and many other acute and chronic conditions;
  - ☉ Responsible for all initial contact with patients, including performing first visits, intakes, history, evaluations, especially a detailed Contemporary Chinese Pulse Diagnosis evaluation;
  - ☉ Responsible for work-up of all patient charts, including diagnoses, and management and treatment plans with detailed work-up of acupuncture and herbal and lifestyle therapies based on Contemporary Oriental Medicine® principles as explicated by Dr. Leon Hammer and Classical Chinese Medicine as taught by Jeffrey C. Yuen.
- Faculty/Instructor**  
*Institute of Traditional Medicine, Toronto, Canada*
- ☉ Visiting Professor for intensive instruction in Shen-Hammer Contemporary Chinese Pulse Diagnosis.
- Faculty/Instructor** 2005-2009  
*Eastern School of Acupuncture and Traditional Medicine, Montclair, NJ*
- ☉ Faculty for Oriental Medical Theory class for first year students; continuing education instructor in Contemporary Chinese Pulse Diagnosis.
- Senior Certified Instructor** 2/04 to present  
*Dragon Rises Seminars*
- ☉ Certified to teach Contemporary Chinese Pulse Diagnosis pulse seminars for Dragon Rises Seminars and Dr. Leon Hammer, as well as Contemporary Oriental Medicine® and Dragon Rises, Red Bird Flies, Chinese medicine and psychology
- Acupuncturist/Herbalist** 3/02 to 9/03  
*Orthopedic Medical Center, Plainfield, NJ*
- ☉ Evaluation and treatment of patients with a variety of musculo-skeletal and neurological disorders secondary to motor vehicle accidents and other significant physical traumas, including spinal injuries and herniated discs, post-concussion syndromes, etc.
- Acupuncturist/Herbalist** 1/01 to 3/02  
*Haeth, L.L.C. - New York, NY*
- ☉ Evaluation and treatment of chronically ill patients with cancers, heart, lung and neurological diseases, diabetes, etc.
- Clinical Intern** 1/99 to 12/00  
*Pacific College of Oriental Medicine - New York, NY*
- ☉ Evaluated and treated a wide variety of gynecological, respiratory, musculo-skeletal, gastrointestinal and emotional disorders and medical complaints
- Clinical Intern** Winter 2000  
*Fortune Society - New York, NY*
- ☉ Evaluation and treatment of patients with various addictions (alcohol, cocaine, heroin, etc.)
- Attorney** 9/96 to 9/97  
*Hecht & Steckman, P.C. - New York, NY*
- ☉ Associate with New York securities and corporate law firm specializing in securities litigation and arbitration, transactional and regulatory matters.

**Attorney** 12/95 to 9/96  
Office of Public Defender – Newark, NJ  
☉ Represented defendants in appellate matters before the New Jersey Superior Court, Appellate Division.

**EDUCATION** **American University of Complementary Medicine – Beverly Hills, CA** 9/07 to present  
☉ Doctor of Philosophy, Classical Chinese Medicine (anticipated 2015)

**Dragon Rises Seminars – Gainesville, FL** 10/01 to present  
☉ Senior Certified Instructor, Contemporary Chinese Pulse Diagnosis, Contemporary Oriental Medicine®  
☉ Board of Directors, Dragon Rises Seminars

**Pacific College of Oriental Medicine- New York, NY** 9/97 to 12/00  
☉ Master of Science, Traditional Oriental Medicine

**Seton Hall Law School - Newark, NJ** 9/92 to 6/95  
☉ Juris Doctor, Journal of Sport Law, Juvenile Justice Clinic

**University of Vermont - Burlington, VT** 9/88-6/92  
☉ Bachelor of Arts

**SKILLS**

- ☉ Classical Chinese Medicine
- ☉ Contemporary Oriental Medicine®
- ☉ TCM, Classical, Five Element, Japanese, Meridian Style and Balance Method Acupuncture
- ☉ Chinese Herbology and Eastern Nutrition
- ☉ Contemporary Chinese Pulse Diagnosis Certified Instructor (Certified by Leon Hammer, M.D.)
- ☉ Dragon Rises, Red Bird Flies, Chinese Medical Psychology
- ☉ Chinese medical aromatherapy (Certified by Jeffrey C. Yuen)
- ☉ Auricular, Scalp, Wrist/Ankle Acupuncture and Intradermal Needling
- ☉ Moxibustion, Cupping, Gua Sha, Bleeding, and Plum Blossom Needling
- ☉ Electrical Stimulation and Ion Pumping Cords
- ☉ Orthopedic and Neurological Evaluation, Tui Na Massage

**PUBLICATIONS** Rosen, Ross, *Handbook of Contemporary Chinese Pulse Diagnosis*, Eastland Press, 2012  
-- Chapter 3: Basic Axioms and Other Considerations  
-- Chapter 5: Classification and Nomenclature of Pulse Qualities  
-- Chapter 6: Rhythm and Stability

Rosen, Ross, Stickley, Brandt and Hammer, Leon MD, *Dr. Shen's Systems Theory*, Nourishing Destiny/Spirit Path Press, Spring 2010

Hammer, Leon MD and Rosen, Ross LAc, *The Pulse, The Electronic Age and Radiation – Early Detection*, American Acupuncturist (Spring 2009)

Rosen, Ross and Stickley, Brandt, *Contemporary Chinese Pulse Diagnosis and Pain*, Chinese Medicine Times, Vol. 3, Issue 4, 2008

Stickley, Brandt and Rosen, Ross, *The Separation of Yin and Yang – Part Two*, Chinese Medicine Times, Vol. 3, Issue 3, 2008

Rosen, Ross and Stickley, Brandt, *The Separation of Yin and Yang – Part One*, Chinese Medicine Times, Vol. 3, Issue 2, 2008

Rosen, Ross and Stickley, Brandt, *Expressions of the Heart*, Chinese Medicine Times, Vol. 3, Issue 1, 2008

Rosen, Ross and Stickley, Brandt, *An Introduction to Contemporary Chinese Pulse Diagnosis*, Chinese Medicine Times, Vol. 2, Issue 6, 2007

Rosen, Ross, *In the Aftermath of McClellan: Isn't it Time For the Sport of Boxing to Protect its Participants?*, 5 Seton Hall Journal of Sport Law 611 (1995);

Numerous web articles (see website); blog articles (see website); Monthly columnist for *Take Care Connections* magazine.

Upcoming book: *Get Your Health: Exploring Medical Mythunderstandings with Chinese Medicine*

#### PRESENTATIONS

- ② Multiple seminars on Contemporary Chinese Pulse Diagnosis (NCCAOM provider/course # ACHB 328-001)
- ② Multiple seminars on Contemporary Chinese Pulse Diagnosis (NCCAOM provider/course # ACHB 328-002)
- ② Multiple seminars on Contemporary Chinese Pulse Diagnosis (NCCAOM provider/course # ACHB 328-003)  
Some Venues include: Maryland Acupuncture Society (3 weekend course)  
American Association of Medical Acupuncture (AAMA): symposium workshop  
Institute of Traditional Medicine, Toronto: on-going workshops  
Rosemont College, Montreal  
Pro D Seminars: 6 hour webinar  
Lonny Jarrett/Stockbridge, MA: Beginning workshop for on-going students  
Kamwo Herbs Meetups  
Center for Acupuncture and Herbal Medicine: on-going since 2003
- ② Frequent lecturer on varied topics within Chinese medicine to companies, organizations, clubs, groups, etc.
- ② Instructor for year-long course on Oriental medical theory at Eastern School of Acupuncture and Traditional Medicine, including, Yin-Yang, 5 Phases, organ energetics, acupuncture theory, channels and collaterals, 4 Examinations, Pulse, Tongue, etc.
- ② Dr. John Shen's Systems Model: Nourishing Destiny online NCCAOM approved PDA course  
<http://www.nourishingdestiny.com/courses/xvi-an-introductory-course-on-dr-john-hf-shens-systems-6-pda-points-nccaom>
- ② [http://www.acupunctureandherbalmedicine.com/forms/Ross\\_Lecture\\_011209.mp3](http://www.acupunctureandherbalmedicine.com/forms/Ross_Lecture_011209.mp3)
- ② <http://www.blogtalkradio.com/Larry-Elliott/2008/10/02/Founder-of-Center-for-Acupuncture-Addresses-Root-Causes-of-Health-Issues->

#### AFFILIATIONS

American Association of Acupuncture and Oriental Medicine  
New Jersey Association of Acupuncture and Oriental Medicine  
Acupuncture Society of New York  
Dragon Rises Inc., Board Member  
Contemporary Oriental Medicine Foundation, Board Member

#### ACTIVITIES

Fourth Degree Black Belt and Instructor, Chinese-Hawaiian and Shaolin Kempo  
Tai Ji Quan (Chen style and Yang style)  
Shaolin and Daoist Qi Gong  
Tibetan Buddhism  
Daoism  
Meditation

#### ADVANCED STUDIES

Contemporary Chinese Pulse Diagnosis: on-going study with Dr. Leon Hammer since 2001  
Contemporary Oriental Medicine: on-going study with Dr. Leon Hammer since 2001  
Dragon Rises, Red Bird Flies: Chinese medical psychology: on-going study with Dr. Leon Hammer since 2001  
Classical Chinese Medicine: on-going studies with 88<sup>th</sup> Generation Daoist Priest, Jeffrey C. Yuen since 2006

Coursework thus far includes:

- Primary Meridians (4 credits)
- Sinew Meridians (3 credits)
- Divergent Meridians (3 credits)
- Luo Vessels (3 credits)
- 8 Extraordinary Vessels (3 credits)
- Nei Jing Su Wen (3 credits)
- Nei Jing Ling Shu (3 credits)
- Nan Jing
- Chinese Medical Psychiatry of Sun Si-Miao (2 credits)
- Manifestations of Shen
- Cancer Treatment
- Essential Oils/Chinese medical aromatherapy (year long), including:
  - Pediatrics, Geriatrics, Dermatology, Cosmetics,
  - Musculoskeletal, Lymphatics, Vascular, Internal ingestion
  - (Medical aromatherapy), Shen disturbances, Alchemy,

Constitutional imbalances, Sinews, Divergents, Primary's, Luo, 8 Extras, etc.

Addictions

Abdominal Diagnosis (1 credit)

Chinese medical palmistry (1 credit)

Chinese Dietary Therapy

Classical Chinese Gynecology

Daoism

Qigong

Classical Chinese Medicine Pulse Diagnosis (3 weekends + ongoing)

Abdominal Diagnosis (1 credit)

Curious Organs (2 credits)

Pediatric Infectious Diseases (2 credits)

Longevity

Endocrinology

Chinese Herbal Medicine and specialties (year long), including:

Wai Ke/External Medicine, EENT, Musculoskeletal Disorders,

Bi Syndromes, Wei Atrophy, Respiratory Conditions,

Exogenous Conditions, Phlegm, Neurological Disorders,

Dermatology, Wen Bing, Gastrointestinal, Immune,

Reproductive, Gynecology, Endocrinology, Shen disorders, etc.

Hunyuan Classical Chinese Medicine Fellow since 2013